



## **Lily Nuts Makhana**

Traditions with Technology  
Quality with Commitments

Welcome to Lily Nuts Makhana, your trusted Partner in the realm  
of manufacturing and exports of Makhana from the heart of India

## ABOUT US

Indo-Global Exports an India based firm, Manufacturer & Exporter of Makhanas, compliant in Quality and Food Safety Management Systems. We specialize in producing, innovating, and exporting high-quality Raw, Roasted, and Flavored Makhanas/Fox Nuts and related products (Mix Nuts) in bulk quantities.

- **Global Expertise:** As a leading Indian supplier, our clientele base is evenly spread across USA, Germany, UK, Canada, UAE, Singapore and many more countries.
- **Expansion Focus:** We are dedicated to identifying potential large buyers in key markets for our premium Makhanas and Mix Nuts.
- **Innovative Launches:** In 2024, we unveiled patented Makhana-based products and AI/IoT-driven retail equipment to enhance both national and international consumption.
- **Partnership Opportunities:** We welcome inquiries from potential distributors, retailers, and franchise partners regarding our licensing policy.
- **Future Vision:** Our final phase will introduce innovative Makhana snacks and healthy Mix Nuts, along with advanced technology for global retail and commercial use, enhancing partners' ROI by five-fold.

We, Indo-Global Exports, invest heavily in R&D, technology, and marketing to position both Makhanas & Mix Nuts as a healthier alternative to traditional snacks. We collaborate closely with government agencies and international institutions to ensure transparency and uphold the highest quality standards. Join us in revolutionizing healthy snacking worldwide.

## OUR MISSION

To globally promote the health benefits of Makhanas/Mix Nuts, making high-quality products accessible and increasing demand. We aim to support the Makhana farming community and contribute to humanity through transformative initiatives.

## OUR VISION

To be the market leader by offering superior products and services, promoting a healthy lifestyle, and raising global awareness of Makhana's benefits.



## KNOWING MAKHANAS / FOX NUTS

Makhanas, also known as Fox Nuts or Lotus Seeds (*Nelumbo Nucifera*), are revered in India as "**The Food Of Gods**" and recognized globally as "**Superfood**". They aid in weight, heart, and kidney health and are widely used in alternative medicine.

- **Health Benefits:** Makhanas are 67% less fatty than popcorn and significantly tastier. They are low in cholesterol, fat, and sodium, making them ideal for snacks and breakfast. Rich in vegan protein and calcium, they are also gluten-free, keto-friendly, diabetic-friendly, and packed with antioxidants and immune-boosting properties.
- **Nutritional Value:** High in protein, fiber, magnesium, potassium, iron, and zinc, Makhanas support heart health, blood pressure management, and weight control. They are beneficial for those practicing intermittent fasting due to their high satiety value.
- **Culinary and Medicinal Uses:** Used extensively in Indian, Chinese, and Japanese cuisines, as well as in Ayurvedic and Traditional Chinese Medicine, Makhanas are known for their binding properties and ability to stabilize the digestive system. They contain kaempferol, a flavonoid that prevents inflammation and aging, and are high in phytonutrients.

India accounts for 90% of the global Makhana harvest, making it a key player in this nutrient-rich industry.

## OUR PRODUCTS

Flavored and Roasted Fox Nuts/Makhanas (70g & 90g cans and pouches with or without nitrogen filling for freshness):

- \* **Flavors:** Himalayan Pink Salt, White Cheddar Cheese, Cheese Delight, Peri-Peri, Tomato Tangi, Cream & Onion, Pudina Mint, Salt & Black Pepper, Caramel, BBQ
- \* **Customization & Private Labelling:** In house Private labelling facilities available in required customized packaging with buyer's/importer's brand name and designs.

Variety & Quality of Raw Fox Nuts/Makhanas - *Nelumbo Nucifera*:

**Quality & Grades:** Exclusively Pure Handpicked (HP) Makhanas for Export

- \***4 Suta** : 12 mm to 15 mm Pure Handpicked
- \***4 Suta+** : 12 mm to 24 mm Pure Handpicked
- \***5 Suta+** : 15 mm to 24 mm Pure Handpicked Super Export Quality
- \***6 Suta+** : 18 mm to 24 mm Pure Handpicked Super Export Quality
- \***7 Suta+** : 21 mm to 26 mm Pure Handpicked Exclusive Quality

[www.lilynutsmakhana.com](http://www.lilynutsmakhana.com)





# RAW MAKHANA



**Prime Makhana**



**Premier Makhana**



**Premium Makhana**



**4 Suta+**



**4.5 Suta+**



**5 Suta+**



**6 Suta Ex**



**6 Suta+**



**7 Suta+**



# FLAVORED MAKHANA



Caramel



Cream & Onion



Masala Magic



Salt & Pepper



Cream Onion



Tomato Tangy



Cheese Delight



Podina Mint



Peri-Peri

## PACKAGING & CERTIFICATIONS

- **Custom Packaging:** Available in 1 kg, 5 kg, 8 kg, 10 kg, and 12 kg options.
- **Quality Packaging:** Products are packed in freshness/triple graded bags under hygienic conditions, using heat transfer technology to retain nutritional value as recommended by the Indian Institute of Packaging (IIP).
- **Certifications:** We offer SGS inspection/compliance, FDA, Import & Export FSMA certification, and custom packaging with customer logos upon request.

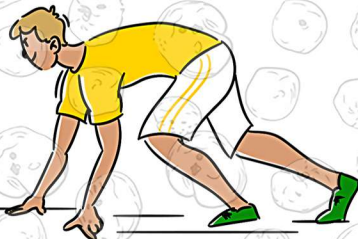
## Business License, Accreditations & QC Certifications

- Ministry of Commerce and Industry, Directorate General of Foreign Trade: IEC # AAPPB4992F
- Goods & Service Tax (GSTIN) Number: 07AAPPB4992F3ZG
- Food Safety and Standards Authority of India: Central License # 13324998000188
- Ministry of Commerce and Industry, Govt. of India: APEDA # 07510/2024-2025
- MSME (Udyam) Registration no.: UDYAM-DL-03-0045503

## Trivia & Fun Facts

### Different names of Makhanas/Foxnuts:

- English: Fox Nut, Gorgon Nut, Popped Lotus Seeds, Prickly Water Lily.
- India: Makhana.
- Japan: Hasu no mi.
- Korea: Ga-si-Yeon.
- Spanish: Tuerca de Zorro / Semilla de Loto.
- Columbia: Martillo.
- China: Qian Shi.
- Thai: Med-bua-op.
- Global Popularity: Popular in Asia, EMEA, North & South America, Russia, Australia, and New Zealand. High interest in Europe, especially Belgium, The Netherlands, Germany, Spain, UK, Italy, and France.
- Market Insights: The global popcorn market is valued at USD 15 billion, breakfast cereal market at USD 38 billion, and healthy snack market at USD 28 billion, with a growth rate of 5.2% CAGR.



## HOW TO USE MAKHANAS/FOX NUTS/POPPED LOTUS SEEDS IN YOUR HEALTH JOURNEY

Makhanas, from the Euryale Fox plant, are a nutritious, low-fat snack rich in vegan protein, calcium, and antioxidants. Gluten-free, trans fat-free, and non-GMO, they are ideal for keto and diabetic diets, anti-aging, and beneficial during pregnancy. Their properties support heart health, blood pressure, diabetes, and obesity management, making them perfect for fasting and curbing hunger.



## Indo-Global Exports

Bringing You A Healthy, Organic and Delicious Makhana (Fox Nuts) in Various Flavours With International Quality Standered



Producers, Exporters & Technology Innovators - Raw, Phool, Roasted and Flavoured Fox Nuts/ Makhanas



**Lily-Nuts  
Makhana**

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